

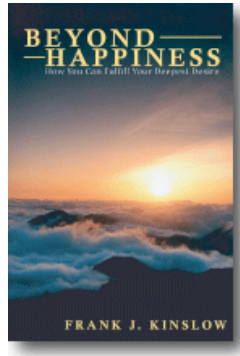
Press Kit for Dr. Frank Kinslow, DC

For additional information, specific requests or to book Frank for a speaking engagement, please e-mail: Diondra@Quantumentrainment.com or call: 702-525-0148. Thank you.

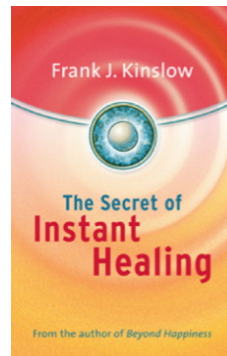
Photos



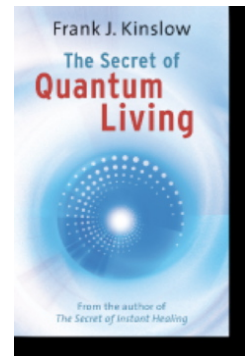
Dr. Frank Kinslow, DC



First Book, 2007



#1 Best Seller, 2008 /09



New Book March, 2010



QE Workshop in Germany, 2009



Dr. Kinslow teaching QE in Germany

Short Biography

Dr. Frank Kinslow, DC is an international best selling natural healing author, speaker and developer of QE, the Quantum Entrainment Process. In Frank's book, "The Secret of Instant Healing" you will discover the simple yet powerful, QE process, expand your awareness and create inner peace instantly. Visit his website: <http://Quantumentrainment.com> to order your copy and learn more about QE.

Biography

Dr. Frank Kinslow has been a chiropractic physician and a teacher for the Deaf. He is a Doctor of Clinical Spiritual Counseling and developer of the Quantum Entrainment process, a scientific procedure that promotes rapid healing. He is author of the influential self-help book, *The Secret of Instant Healing*. <http://QuantumEntrainment.com>.

Frank lectures and teaches extensively and has been a guest on numerous radio and television programs. He resides in Sarasota, Florida where he writes, has a private counseling practice and teaches at Everglades University. He has published articles on health and healing and his first book, *Beyond Happiness: How You Can Fulfill Your Deepest Desire* has inspired thousands to find peace and prosperity in their lives. He has just finished writing a companion book to *The Secret of Instant Healing* to be translated into German and published by VAK Publishing in the spring of 2010.

Credentials

Degrees

Eastern Michigan University, BS in Deaf Education
Life Chiropractic College, Doctor of Chiropractic
Shepard's Care Bible College, Doctor of Clinical Religious Counseling

Experience

Kinslow Chiropractic Center, private chiropractic practice, 17 years
Lucid Sea, author, speaker, instructor of QE
Kinslow Counseling Services, nutritional / lifestyle counseling
Keiser University, adjunct professor anatomy/ physiology
Everglades University, faculty, alternative medicine
Manatee Wellness Center, physical therapy / rehab
University of South Florida; Academy for Lifelong Learning

Speaking Appearances

What the Bleep Do You Know Conference, Hamburg, Germany, featured speaker, June, 2010
Intro to Quantum Healing, Wrage, Hamburg, Germany, November, 2009, March, 2010
Intro to Quantum Healing, Frankfurter - Ring, Frankfurt, Germany, November, 2009, March, 2010
Intro to Quantum Healing, IAK, Kirchzarten, Germany, December, 2009. April, 2010

Publications

Positive Change Magazine, Column; Finding Your Self
Peppertree Literary Magazine; Column, Peaced Together
Scene Magazine ; various self help articles

The Secret of Instant Healing: An Overview

By: Dr. Frank Kinslow, DC

Quantum Entrainment, a spiritual enlightenment technology founded by Dr. Frank Kinslow, is a mastery/healing method based on pure awareness or deep rest. The practitioner does “nothing,” yet everything gets done. QE can be learned in moments, not years. Shades of Vedanta, Zen, and ‘The Power of Now’, Dr. Kinslow describes this remarkable process below.

The Secret of Instant Healing introduces the healing technique Quantum Entrainment. Quantum Entrainment (QE) is a scientifically reproducible process that anyone can use to produce a rapid, deep rest in the body stimulating healing events many times within seconds. QE effectively heals the body, mind, emotions and spirit. It is also applied to life circumstances like financial concerns, relationships and even works on pets and plants. QE routinely reduces or eliminates headaches, joint and muscle pain, anxiety and hypertension, feelings of loss and spiritual separation while producing a heightened sense of wellbeing. QE healing draws from the pure awareness of the healer, not his technique, experience or knowledge. Therefore it can be learned by anyone in a single seminar or even by reading *The Secret of Instant Healing*. Contrary to common teachings, pure awareness is *easily* attained when enlisting the QE process.

QE is advaita, the philosophy espoused by Eckhart Tolle and Ramana Maharishi, made manifest. The QE process establishes the practitioner in the non-moving Now and, while bathing in this all-pervasive pure awareness, observes while healing takes place without effort of any kind. It’s a kind of lazy person’s path to inner enrichment and Self-awareness.

During a QE session the partner will first start to feel relaxed in the body because of the deep rest that accompanies the QE process. Then peace will dawn in the mind and heart. This experience will quickly deepen and the body begins to sway or bend as each cell is infused with pure awareness. At this point the mind may experience long periods free of thought. This is also the time when bliss or joy can manifest and all seems right with the world; and it is. The results are many times dramatic and even miraculous; that is, miraculous to the non-QE mind. To QEers, it’s business as usual.

Quantum Entrainment emphasizes the stillness beyond the mind. The QE practitioner finds and holds pure awareness and watches to see how it reflects in the mind. The emphasis is on non-doing and the results are profoundly different.

Encouraging the mind is to encourage the infinite differences of life. This is how we normally see our world moving from relationship to relationship, job to job, etc. It is the rocky road of fleeting happiness, struggle and confusion. When the mind is anchored in non-changing, unbounded pure awareness the road smoothes out and peace and harmony begin to dominate.

Quantum Entrainment is neither an outward oriented energy healing system nor an inner oriented silent meditation technique. QE is a combination of both and therein lays its genius. QE anchors the mind in pure awareness while it is enthusiastically performing activity giving it the best of both worlds and quickly opening one's consciousness to the inner Self and the peace that comes with it.

The Quantum Entrainment practitioner does not create vibrations or manipulate matter nor does he sit silently searching for enlightenment. When healing, or eating or loving, he simply becomes aware of pure awareness and then watches while life unfolds in pure awareness. Because QE is a natural process of human consciousness it is easily and quickly learned. It is like this; you don't have to learn how to breathe, all you need is air. Likewise, you don't have to learn how to heal. All you need is pure awareness.

The Secret of Instant Healing (Back Cover)

Over the last few years innovative self-help methods have convinced many people of a new world view. Quantum Entrainment (QE) is the newest development in this area: QE works with gentle touch that quietly activates the autonomic nervous system to spontaneously and immediately create an atmosphere in which deep healing can take place. This amazing self-help method is easy to use and needs no previous knowledge – it can be applied by everyone! And what is most astonishing: Not only the does the treated person receive deep, restful healing but the person who is using QE will also experience an immediate, prolonged sense of well-being. Give it a try – you will be surprised how powerful Quantum Entrainment is!

ISBN: 978-0-6152268-0-4

The Secret of Quantum Living (3rd Book)

Inside The Secret of Quantum Living you will learn to:

- Heal physical and emotional pain in seconds
- Dissolve the stress of financial worries
- Build lasting relationships
- Improve athletic performance
- Teach children to find their "happy place"
- ...and much, much more

For years we have been waiting for a book that can translate the power of inner peace into immediate, practical, and concrete results. You hold that book in your hands. Within these pages you will learn a simple yet startlingly effective process which will change your life forever. The best part is that anyone can do it... without special training. Give it a try - you will be surprised at how quickly this process will work for you.

ISBN: 13: 978-0-61522667-9-8

An Interview with Dr. Frank Kinslow, DC

By Dr. Patricia Donworth

Quantum Entrainment, a spiritual enlightenment technology founded by Dr. Frank Kinslow, is a mastery/healing method based on pure awareness or deep rest. The practitioner does “nothing,” yet everything gets done. QE can be learned in moments, not years. Shades of Vedanta, Zen, and ‘The Power of Now’, Dr. Kinslow describes this remarkable process in an interview with freelance spirituality writer Dr. Patricia Donworth.

Dr. Patricia Donworth (PD): You’re a former chiropractor, long-time meditator, teacher of the deaf, and spiritual counselor. All of these experiences, but particularly the meditation, as I understand, had a hand in your coming to develop *Quantum Entrainment*. Tell us how QE evolved.

Dr. Frank Kinslow (FK): In my late 20s through my early 40s, I spent almost three years in deep, silent meditation many times hidden away in the Alps. When busy working and raising a family, I still dedicated 3½ hours a day to meditation. I began teaching techniques passed down to me from “higher realms” and gathered around me a following of seekers of inner peace and enlightenment. After seven years of teaching, I realized that something was still missing. I gave it all up and went back into seclusion to contemplate “No-thing” or “pure awareness.” After another seven years of silence, I realized that there is Nowhere to go and Nothing to do. Everything is perfect just as it is. You see, “Nothing” doesn’t give answers, it IS the answer! Deep rest, pure awareness, deep peace – these would be other terms to describe the experience of “no-thing” or “no-thought.”

In the late 1980s, I developed a self-exploration system that enabled one person to “give” the experience of deep peace to another, something like an extended shaktipat, a kind of transference of “spiritual energy” from one person to another. This was the precursor to *Quantum Entrainment*. Over time I continued to refine the process and removed what was not absolutely needed. The result was QE -- a fast, simple process that arouses a profound inner awareness and has healing as a simple side effect.

PD: So give us a definition of **Quantum Entrainment** and explain how it works.

FK: **Quantum Entrainment** is a very rapid healing process that anyone can do. Whether you have a broken leg or a broken heart you need rest to heal. If you want physical, emotional or spiritual healing, you need deep rest. The deeper the rest, the deeper the healing. Pure awareness is the deepest rest you can get. I discovered a process that instantly gives the body, mind and spirit deep rest and fast healing. It works in seconds. That is what I call *Quantum Entrainment*.

PD: “The deeper the rest, the deeper the healing.” That’s powerful. Say more about the relationship between “rest” and “awareness.”

FK: I use the word “rest” because we all know how rest makes us feel better. But this QE rest is so deep as to be non-moving. When we experience pure awareness we experience this deep, unmoving stillness even while we continue to think and talk and live. When this happens a gentle peace permeates our activity. We become free from the binding influence of the daily grind. We feel uniquely special as if we were let in on some cosmic secret that everything is alright with the world just as it is. It is true love. It removes the worry of the next hurricane, the mortgage, gas prices, and health and relationship issues. We are able to step outside the suffering and craziness that defines the human condition and see it from the more expanded perspective of peace and harmony. A candle is bright in the dead of night but pales in importance in the full light of the sun.

PD: So, pure awareness is the key. People spend years trying to access pure awareness. There are hundreds, if not thousands, of paths and methods and processes to attain peace, stillness, the Witness state. According to your QE process, you say it's possible to attain pure awareness in just minutes. Then you teach people to actually live from that state of pure awareness or "deep rest." Are you promising more than you can deliver?

FK: No promises are needed. There is nothing to be attained. In fact pure awareness can't be attained because we already have it. Or more accurately, there is no "we" to attain what is everywhere, all the time. I don't mean to seem cryptic but if you think you need to attain something to become Self-aware or enlightened then you have already lost the battle. Anything that can be attained can be lost. Pure awareness can neither be gained nor lost. So, all that needs be done is become aware of pure awareness and that is incredibly easy to do.

To read the complete interview download PDF here:

http://alivenjuicy.com/uploads/An_Interview_with_Dr._Frank_Kinslow.pdf

Testimonials

"Between the covers of *The Secret of Instant Healing*, Dr. Kinslow teaches us that the simple awareness that each of us possess has the power to heal. Quantum Entrainment is a quick but proven and profound process that heals both body and mind. Easily learned and immediately effective, Quantum Entrainment is a remarkable tool for professionals and layman alike." Alan J Sault MD, ABHM

"Quantum Entrainment is a powerful healing tool. Applying the QE principles has helped me, my friends, and family with physical, mental, and emotional issues. The results are simply miraculous. Anyone who is interested in healing on any level would greatly benefit from learning Quantum Entrainment." Rob Uttaro

Chicken soup Flies. At a recent book signing at the I Am Healing Arts Center by best selling author of *Chicken Soup for the Woman's Soul*, Jennifer Hawthorne, the air conditioners were not working and the doors had to be opened. Uninterested in having their book signed, a dozen or so large black flies made a bee-line for the chicken soup on the snack table. Rob made a bee-line for a nearby meditation room and QE'ed the little buggers. When he emerged from the room a few minutes later there was one fly left. When he saw Rob emerge from the adjoining room, he exited quickly stage left.

" Frank has a way of getting into deeply profound material and making it a fun experience. " Patty Mac

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